



2020 ANNUAL REPORT



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## GIVING STRENGTH SAVING LIVES

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The Mothers' Milk Bank of Alabama (MMBAL) is a nonprofit organization that collects, pasteurizes, and distributes donated breastmilk to provide nourishment to babies in need. As part of our mission, we also conduct training and educational sessions for healthcare workers and community members. In these sessions, we explain the crucial role breastmilk plays in the early growth and development of neonates and infants and promote the use of donated milk in situations where moms are unable to supply their own due to stress, certain medications, or other complications. We're proud to be a vital resource for families and professionals alike.

The vision for MMBAL began with Mary Michael Kelley, former Executive Director of the Community Food Bank of Central Alabama. She recognized that the function of a milk bank perfectly paralleled that of the food bank, with its thirty-year history of receiving, processing, and distributing donated food. Our organization decided to further serve Alabamians by increasing the survivability and enhancing the development of premature and critically ill infants. MMBAL was established in 2013 as a depot housed within the Community Food Bank. We accepted donations destined for the Mothers' Milk Bank of North Texas until November of 2015 when we sent out the first breastmilk pasteurized in Alabama. And in 2016, our first full operating year, we dispensed more than 19,000 fluid ounces of pasteurized donor milk.

Since its inception, the Mothers' Milk Bank of Alabama has grown to include 15 partner hospitals, 11 drop-off depots, and more than 800 milk donors. The momentum of 2016 brought membership in the Human Milk Banking Association of North America (HMBANA). We look forward to expanding our efforts to meet the increasing demand from both hospitals and donors as word of our organization spreads.

Please visit [mmbal.org](http://mmbal.org) for more information.

2023 HIGHLIGHTS

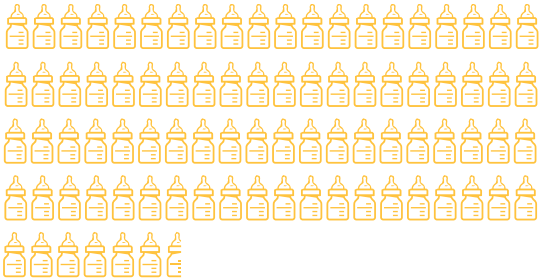
**160,693 oz**  
**DONATED**



1 bottle = 1,000 fluid ounces



**128,719 oz**  
**PASTEURIZED**



**114,775 oz**  
**DISPENSED**



# MOTHERS' MILK BANK OF ALABAMA

## 2019 Board of Directors

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Wendy Morrell  
*Mainstreet Family Care*  
President

Bryn Manzella, MPH

*Jefferson County Department  
of Health*

Vice President

Jen Nickelson, PhD, RD,  
MCHES  
UAB School of Public Health  
*Treasurer*

Natalie Clements, RD  
Secretary  
Jefferson County Health  
Department

Sylvia Edwards, RN, MS, APN, IBCLC  
(RLC)  
*UAB Women and Infants Center*

Christy Nation, MSHA, BSN, RN  
*UAB Women and Infants Center*

Trendle Samuel, RN, BSN, CLC  
*Alabama Department of  
Public Health*

Jessica Spade  
*Corporate Counsel, Cummins Filtration*

Rainie Robinson, MS, RD  
*Children's of Alabama*

Martha Wingate, DrPH  
*UAB Public Health*

Laurie Gregory, MA, BSN, RN, CHES, CLC  
*Alabama Department of  
Health—WIC*

Rhonda Hamm  
*UAB Women and Infants Center*

## FUNDERS

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Community Foundation of Greater Birmingham

Junior League of Birmingham Community Project

Walker Area Community Foundation

Baptist Health Foundation

## SPECIAL THANKS TO THESE DONOR MOMS

Morgan Beard  
Carol Jones

Erin York  
Abby Mynear

Hannah Simmons  
Charlester Myles

## FINANCIALS

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	2022	2023
<b>SUPPORT AND REVENUE</b>		
Contributions and Grants	\$48,659	\$49,412
Program Service Revenue	\$437,716	\$508,256
Investment Income	\$510	\$1,032
<b>TOTAL REVENUE</b>	<b>\$492,508</b>	<b>\$561,216</b>
<b>EXPENSES</b>		
Program Services	\$401,889	\$354,578
Supporting Services	\$30,250	\$26,689
<b>TOTAL EXPENSES</b>	<b>\$432,139</b>	<b>\$381,267</b>
<b>TOTAL ASSETS</b>	<b>\$485,569</b>	<b>\$599,541</b>
<b>TOTAL LIABILITIES</b>	<b>\$111,395</b>	<b>\$83,392</b>
<b>NET ASSETS</b>	<b>\$374,174</b>	<b>\$516,149</b>



## LETTER FROM THE EXECUTIVE DIRECTOR

At the end of 2019, MMBAL's staff and board set some large goals for us to achieve. We were hoping to institute brand new mechanizations into our lab, begin a statewide tour of our depots and hospitals, and launch a new donor awareness campaign. It may come as no surprise to you that 2020 did not pan out the way we wanted it to. The COVID-19 pandemic was a difficult year to be a nonprofit, and MMBAL was very lucky to have the community and foundational support to get us through that year. Sanitization supplies began to disappear and our usual gloves, masks, and cleaners essential to our pasteurization program tripled in price and shipping time. Nearly all of our drop-off locations shut down and the recruitment of new donors ground to a halt while everyone was too afraid to leave their homes. I want to provide a special thank you to the Community Foundation of Greater Birmingham for providing us with emergency funding in order to continue to serve Alabama hospitals and families.



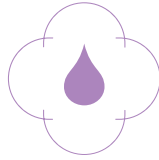
I am incredibly proud to say that despite all those difficulties, 2020 was a year that MMBAL not only survived but thrived. Through the tireless work of our lab and donor staff, MMBAL was able to surpass all our 2019 KPIs (key performance indicators) despite having fewer donors. MMBAL was able to onboard new hospitals in Alabama and dispense more outpatient milk than ever before! This is all due to the tremendous support from mothers and families. Despite an ongoing pandemic, we had over 100 milk donors take the time to get screened and donate their precious liquid gold.

As of mid-2021, we are in the process of instituting our plans we had to put on hold in 2020. The need for donor milk in Alabama has grown tremendously and we must increase our scope in order to meet that need. We have plans to serve more hospitals and outpatient families than ever before while increasing our breastfeeding education and advocacy. With the support of our donors and community partners, we hope to see an Alabama where all babies have access to the nutrients needed to survive and thrive within the next few years.

A handwritten signature in black ink, appearing to read "Kristina Habchi".

Kristina Habchi, CLC  
Executive Director

## DROP-OFF DEPOTS



Connections Breastfeeding  
Madison

A Nurturing Moment  
Huntsville

Cornerstone Family Chiropractic  
Auburn

Infirmiry Health  
Mobile

RMC Lactation Services  
Anniston

Mothers' Milk Depot of Monroe Co.  
Monroeville

Southeast Alabama Medical Center  
Dothan

Monogram Maternity—St. Vincent's  
Birmingham

Jackson Hospital Family Birth Center  
Montgomery

Atlanta Breastfeed  
Atlanta, GA

Marietta New Born Care  
Marietta, GA

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## HOSPITALS SERVED



Baptist Medical Center East

Brookwood Baptist Medical Center

Grandview Medical Center

Jackson Hospital

Princeton BMC

St. Vincent's Hospital

UAB Hospital

Baptist Medical Center South

Children's of Alabama

DCH Regional Medical Center

Mobile Infirmiry Medical Center

RMC Anniston

Southeast Alabama Medical Center

Baptist Medical Center East

Thomas Hospital

Madison Hospital

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## DONOR SPOTLIGHT

ABBI HERNANDEZ

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Being able to donate my milk has been an extremely rewarding experience for me. Throughout my pregnancy, my biggest worry was that I wouldn't be able to breastfeed for one reason or another. While breastfeeding itself was significantly more challenging than I thought it would be, after a few months we got into a groove and I was able to build up a large freezer stash. Had my daughter been in daycare, I wouldn't have been able to nurse during the day. However, due to COVID, we were not comfortable bringing her to daycare so we have been working from home with her. While this has certainly been a challenge to my professional life, it has afforded me the opportunity to nurse at home and donate the pumped milk I have been able to accumulate. The knowledge that my breastmilk was able to help other babies out there brings me great comfort and joy. My neighbor recently had a baby in the same hospital that I did, and unfortunately her milk wasn't coming in and her baby wasn't gaining weight. The hospital provided her with donor milk for the first week of life until her own milk came in and her baby thrived. He is now exclusively breastfed by his mother and they never had to resort to any formula. We like to think that he potentially drank some of my donated milk!



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## RECIPIENT SPOTLIGHT

Frederica & Jalen

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My son Jalen, who is now just two weeks shy of his first birthday has received donor milk from The Mother's Milk Bank of Alabama for quite some time. We were extremely blessed to be a recipient. Jalen was diagnosed as formula intolerance and FTC (failure to thrive). My supply was low and he wasn't gaining weight, so we supplemented with the donor milk. I don't know where we would be without you guys. Now he's healthy, thriving, and as cute as can be with the help from all of his donor milk mommies !

A handwritten signature in black ink, appearing to read "Frederica White".

Frederica White

# EXPRESS YOURSELF

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 Mothers' Milk Bank of Alabama

 mothers\_milkbank\_al



107 Walter Davis Drive  
Birmingham, Alabama 35209  
(205) 734-0520

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[www.mmbal.org](http://www.mmbal.org)