



2020 ANNUAL REPORT



GIVING STRENGTH SAVING LIVES

The Mothers' Milk Bank of Alabama (MMBAL) is a nonprofit organization that collects, pasteurizes, and distributes donated breastmilk to provide nourishment to babies in need. As part of our mission, we also conduct training and educational sessions for healthcare workers and community members. In these sessions, we explain the crucial role breastmilk plays in the early growth and development of neonates and infants and promote the use of donated milk in situations where moms are unable to supply their own due to stress, certain medications, or other complications. We're proud to be a vital resource for families and professionals alike.

The vision for MMBAL began with Mary Michael Kelley, former Executive Director of the Community Food Bank of Central Alabama. She recognized that the function of a milk bank perfectly paralleled that of the food bank, with its thirty-year history of receiving, processing, and distributing donated food. Our organization decided to further serve Alabamians by increasing the survivability and enhancing the development of premature and critically ill infants. MMBAL was established in 2013 as a depot housed within the Community Food Bank. We accepted donations destined for the Mothers' Milk Bank of North Texas until November of 2015 when we sent out the first breastmilk pasteurized in Alabama. And in 2016, our first full operating year, we dispensed more than 19,000 fluid ounces of pasteurized donor milk.

Since its inception, the Mothers' Milk Bank of Alabama has grown to include 15 partner hospitals, 11 drop-off depots, and more than 800 milk donors. The momentum of 2016 brought membership in the Human Milk Banking Association of North America (HMBANA). We look forward to expanding our efforts to meet the increasing demand from both hospitals and donors as word of our organization spreads.

Please visit mmbal.org for more information.

LETTER FROM THE EXECUTIVE DIRECTOR



At the end of 2019, MMBAL's staff and board set some large goals for us to achieve. We were hoping to institute brand new mechanizations into our lab, begin a statewide tour of our depots and hospitals, and launch a new donor awareness campaign. It may come as no surprise to you that 2020 did not pan out the way we wanted it to. The COVID-19 pandemic was a difficult year to be a nonprofit, and MMBAL was very lucky to have the community and foundational support to get us through that year.

Sanitization supplies began to disappear and our usual gloves, masks, and cleaners essential to our pasteurization program tripled in price and shipping time. Nearly all of our drop-off locations shut down and the recruitment of new donors ground to a halt while everyone was too afraid to leave their homes. I want to provide a special thank you to the Community Foundation of Greater Birmingham for providing us with emergency funding in order to continue to serve Alabama hospitals and families.

I am incredibly proud to say that despite all those difficulties, 2020 was a year that MMBAL not only survived but thrived. Through the tireless work of our lab and donor staff, MMBAL was able to surpass all our 2019 KPIs (key performance indicators) despite having fewer donors. MMBAL was able to onboard new hospitals in Alabama and dispense more outpatient milk than ever before! This is all due to the tremendous support from mothers and families. Despite an ongoing pandemic, we had over 100 milk donors take the time to get screened and donate their precious liquid gold.

As of mid-2021, we are in the process of instituting our plans we had to put on hold in 2020. The need for donor milk in Alabama has grown tremendously and we must increase our scope in order to meet that need. We have plans to serve more hospitals and outpatient families than ever before while increasing our breastfeeding education and advocacy. With the support of our donors and community partners, we hope to see an Alabama where all babies have access to the nutrients needed to survive and thrive within the next few years.

A handwritten signature in black ink, appearing to read 'Kristina Habchi'.

Kristina Habchi, CLC
Executive Director

MOTHERS' MILK BANK OF ALABAMA

2020 Board of Directors

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(RLC)

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UAB Public Health

Jeanne Baker, RD

*Jefferson County Department of
Health—WIC*

FUNDERS

Community Foundation of Greater Birmingham

Junior League of Birmingham Community Project

SPECIAL THANKS TO THESE DONOR MOMS

Leigh Ann French
Melissa Doggett

Hannah Simmons
Heather Licht

Rachel Smith
Logan Sharman

2020 HIGHLIGHTS

109,112 oz
DONATED



1 bottle = 1,000 fluid ounces



86,655 oz
PASTEURIZED



79,796 oz
DISPENSED



FINANCIALS

	2019	2020
SUPPORT AND REVENUE		
Contributions and Grants	\$25,153	\$40,687
Program Service Revenue	\$300,496	\$351,012
Investment Income	\$761	\$849
TOTAL REVENUE	\$326,410	\$392,548
EXPENSES		
Program Services	\$228,301	\$313,839
Supporting Services	\$17,271	\$21,004
TOTAL EXPENSES	\$245,572	\$334,843
TOTAL ASSETS	\$374,089	\$438,715
TOTAL LIABILITIES	\$137,214	\$144,135
NET ASSETS	\$236,875	\$294,580



DONOR SPOTLIGHT

ABBI HERNANDEZ



Being able to donate my milk has been an extremely rewarding experience for me. Throughout my pregnancy, my biggest worry was that I wouldn't be able to breastfeed for one reason or another. While breastfeeding itself was significantly more challenging than I thought it would be, after a few months we got into a groove and I was able to build up a large freezer stash. Had my daughter been in daycare, I wouldn't have been able to nurse during the day. However, due to COVID, we were not comfortable bringing her to daycare so we have been working from home with her. While this has certainly been a challenge to my professional life, it has afforded me the opportunity to nurse at home and donate the pumped milk I have been able to accumulate. The knowledge that my breastmilk was able to help other babies out there brings me great comfort and joy. My neighbor recently had a baby in the same hospital that I did, and unfortunately her milk wasn't coming in and her baby wasn't gaining weight. The hospital provided her with donor milk for the first week of life until her own milk came in and her baby thrived. He is now exclusively breastfed by his mother and they never had to resort to any formula. We like to think that he potentially drank some of my donated milk!

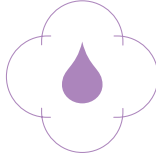
RECIPIENT SPOTLIGHT

DEVA COOK



When we thought we were out of options, the Mother's Milk Bank of Alabama put our minds at ease. Our baby boy was born at 26 weeks, developed NEC, and ended up with three bowel resections. Greyson Lenox was left with short gut syndrome and an intolerance to formula. After 156 days in NICU at discharge, we were faced with the question of how will we provide nutrition to this little guy. Our blessing became the Mother's Milk Bank of Alabama, providing donor milk and continuously helping our Greyson thrive.

DROP-OFF DEPOTS



Connections Breastfeeding
Madison

A Nurturing Moment
Huntsville

Cornerstone Family Chiropractic
Auburn

Infirmiry Health
Mobile

RMC Lactation Services
Anniston

Mothers' Milk Depot of Monroe Co.
Monroeville

Southeast Alabama Medical Center
Dothan

Monogram Maternity–St. Vincent's
Birmingham

Jackson Hospital Family Birth Center
Montgomery

Atlanta Breastfeed
Atlanta, GA

Marietta New Born Care
Marietta, GA

HOSPITALS SERVED



Baptist Medical Center East
Brookwood Baptist Medical Center
Grandview Medical Center
Jackson Hospital
Princeton BMC
St. Vincent's Hospital
UAB Hospital
Baptist Medical Center South

Children's of Alabama
DCH Regional Medical Center
Mobile Infirmiry Medical Center
RMC Anniston
Southeast Alabama Medical Center
White River Medical Center
Thomas Hospital
Madison Hospital

EXPRESS YOURSELF



Mothers' Milk Bank of Alabama



mothers_milkbank_al



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